

PathScan® Phospho-eIF4E (Ser209) Sandwich ELISA Kit

✓ 1 Kit
(96 assays)

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rev. 08/01/17

For Research Use Only. Not For Use In Diagnostic Procedures.

Species Cross-Reactivity: H

Description: The PathScan® Phospho-eIF4E (Ser209) Sandwich ELISA Kit is a solid phase sandwich enzyme-linked immunosorbent assay (ELISA) that detects endogenous levels of eIF4E when phosphorylated at Ser209. An eIF4E mouse antibody has been coated onto the microwells. After incubation with cell lysates, eIF4E (phospho and non-phospho) is captured by the coated antibody. Following extensive washing, a Phospho-eIF4E (Ser209) rabbit detection antibody is added to the captured phospho and nonphospho eIF4E protein. Anti-rabbit IgG, HRP-linked Antibody #7074 is then used to recognize the bound detection antibody. HRP substrate, TMB, is added to develop color. The magnitude of the absorbance for this developed color is proportional to the quantity of phospho-eIF4E (Ser209).

Antibodies in kit are custom formulations specific to kit.

Specificity/Sensitivity: CST's PathScan® Phospho-eIF4E (Ser209) Sandwich ELISA Kit #7938 detects endogenous levels of eIF4E protein when phosphorylated at Ser209. As shown in Figure 1, a significant induction of eIF4E phosphorylation at Ser209 can be detected in HeLa cells following treatment with 20% FBS using the Phospho-eIF4E (Ser209) Sandwich ELISA Kit. The levels of total eIF4E remain unchanged as shown by western analysis and by PathScan® Total eIF4E Sandwich ELISA Kit #7940 (Figure 1). This kit detects proteins from the indicated species, as determined through in-house testing, but may also detect homologous proteins from other species.

Background: Eukaryotic initiation factor 4E (eIF4E) binds to the mRNA cap structure to mediate the initiation of translation (1,2). eIF4E interacts with eIF4G, a scaffold protein that promotes assembly of eIF4E and eIF4A into the eIF4F complex (2). eIF4B is thought to assist the eIF4F complex in translation initiation. Upon activation by mitogenic and/or stress stimuli mediated by Erk and p38 MAPK, Mnk1 phosphorylates eIF4E at Ser209 *in vivo* (3,4). Two Erk and p38 MAPK phosphorylation sites in mouse Mnk1 (Thr197 and Thr202) are essential for Mnk1 kinase activity (3). The carboxy-terminal region of eIF4G also contains serum-stimulated phosphorylation sites, including Ser1108, Ser1148, and Ser1192 (5). Phosphorylation at these sites is blocked by the PI3 kinase inhibitor LY294002 and by the FRAP/mTOR inhibitor rapamycin.

Product Includes	Item #	Kit Quantity	Color	Storage Temp
eIF4E Mouse mAb Coated Microwells*	83689	96 tests		4°C
Phospho-eIF4E (Ser209) Rabbit Detection mAb	3613	1 each	Green (Lyophilized)	4°C
Anti-rabbit IgG, HRP-linked Antibody (ELISA Formulated)	13272	1 each	Red (Lyophilized)	4°C
Detection Antibody Diluent	13339	11 ml	Green	4°C
HRP Diluent	13515	11 ml	Red	4°C
TMB Substrate	7004	11 ml		4°C
STOP Solution	7002	11 ml		4°C
Sealing Tape	54503	2 sheets		4°C
ELISA Wash Buffer (20X)	9801	25 ml		4°C
ELISA Sample Diluent	11083	25 ml	Blue	4°C
Cell Lysis Buffer (10X)	9803	15 ml		-20°C

*12 8-well modules – Each module is designed to break apart for 8 tests.

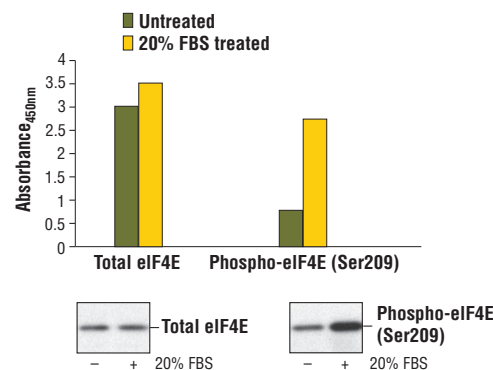


Figure 1. Treatment of serum-starved HeLa cells with 20% FBS stimulates phosphorylation of eIF4E at Ser209, detected by the PathScan® Phospho-eIF4E (Ser209) Sandwich ELISA Kit #7938, but does not affect the levels of total eIF4E detected by PathScan® Total eIF4E Sandwich ELISA Kit #7940. HeLa cells (80-90% confluent) were serum-starved overnight and then treated with 20% FBS at 37°C. The absorbance readings at 450 nm are shown in the top figure, while the corresponding western blots using eIF4E Antibody #9742 (left panel) or Phospho-eIF4E Antibody (Ser209) #9741 (right panel) are shown in the bottom figure.

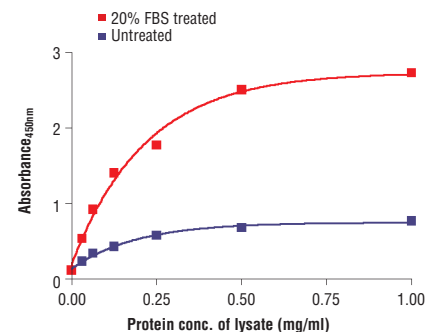


Figure 2. The relationship between the protein concentration of lysates from untreated and 20% FBS-treated HeLa cells and the absorbance at 450 nm using the PathScan® Phospho-eIF4E (Ser209) Sandwich ELISA Kit #7938 is shown.

PathScan® Sandwich ELISA Protocol (for kits with Lyophilized Antibodies)

A Solutions and Reagents

NOTE: Prepare solutions with purified water.

- Microwell strips:** Bring all to room temperature before use.
- Detection Antibody:** Supplied lyophilized as a green colored cake or powder. Add 1.0 ml of Detection Antibody Diluent (green solution) to yield a concentrated stock solution. Incubate at room temperature for 5 min with occasional gentle mixing to fully reconstitute. To make the final working solution, add the full 1.0 ml volume of reconstituted Detection Antibody to 10.0 ml of Detection Antibody Diluent in a clean tube and gently mix. Unused working solution may be stored for 4 weeks at 4°C.
- HRP-Linked Antibody*:** Supplied lyophilized as a red colored cake or powder. Add 1.0 ml of HRP Diluent (red solution) to yield a concentrated stock solution. Incubate at room temperature for 5 min with occasional gentle mixing to fully reconstitute. To make the final working solution, add the full 1.0 ml volume of reconstituted HRP-Linked Antibody to 10.0 ml of HRP Diluent in a clean tube and gently mix. Unused working solution may be stored for 4 weeks at 4°C.
- Detection Antibody Diluent:** Green colored diluent for reconstitution and dilution of the detection antibody (11 ml provided).
- HRP Diluent:** Red colored diluent for reconstitution and dilution of the HRP-Linked Antibody (11 ml provided).
- Sample Diluent:** Blue colored diluent provided for dilution of cell lysates.
- 1X Wash Buffer:** Prepare by diluting 20X Wash Buffer (included in each PathScan® Sandwich ELISA Kit) in purified water.
- Cell Lysis Buffer:** 10X Cell Lysis Buffer #9803: This buffer can be stored at 4°C for short-term use (1–2 weeks). Recommended: Add 1 mM phenylmethyl-sulfonyl fluoride (PMSF) immediately before use.
- TMB Substrate** (#7004).
- STOP Solution** (#7002).

*Note: Some PathScan® ELISA Kits may include HRP-Linked Streptavidin in place of HRP-Linked Antibody.

B Preparing Cell Lysates

For adherent cells.

- Aspirate media when the culture reaches 80–90% confluence. Treat cells by adding fresh media containing regulator for desired time.
- Remove media and rinse cells once with ice-cold 1X PBS.
- Remove PBS and add 0.5 ml ice-cold 1X Cell Lysis Buffer plus 1 mM PMSF to each plate (10 cm diameter) and incubate the plate on ice for 5 min.
- Scrape cells off the plate and transfer to an appropriate tube. Keep on ice.
- Sonicate lysates on ice.
- Microcentrifuge for 10 min (14,000 rpm) at 4°C and transfer the supernatant to a new tube. The supernatant is the cell lysate. Store at –80°C in single-use aliquots.

For suspension cells

- Remove media by low speed centrifugation (~1200 rpm) when the culture reaches $0.5\text{--}1.0 \times 10^6$ viable cells/ml. Treat cells by adding fresh media containing regulator for desired time.
- Collect cells by low speed centrifugation (~1200 rpm) and wash once with 5–10 ml ice-cold 1X PBS.
- Cells harvested from 50 ml of growth media can be lysed in 2.0 ml of 1X Cell Lysis Buffer plus 1 mM PMSF.
- Sonicate lysates on ice.
- Microcentrifuge for 10 min (14,000 rpm) at 4°C and transfer the supernatant to a new tube. The supernatant is the cell lysate. Store at –80°C in single-use aliquots.

C Test Procedure

- After the microwell strips have reached room temperature, break off the required number of microwells. Place the microwells in the strip holder. Unused microwells must be resealed and stored at 4°C immediately.
- Cell lysates can be undiluted or diluted with Sample Diluent (supplied in each PathScan® Sandwich ELISA Kit, blue color). Individual datasheets for each kit provide a sensitivity curve that serves as a reference for selection of an appropriate starting lysate concentration. The sensitivity curve shows typical kit assay results across a range of lysate concentration points.
- Add 100 µl of each undiluted or diluted cell lysate to the appropriate well. Seal with tape and press firmly onto top of microwells. Incubate the plate for 2 hr at 37°C. Alternatively, the plate can be incubated overnight at 4°C.
- Gently remove the tape and wash wells:
 - Discard plate contents into a receptacle.
 - Wash 4 times with 1X Wash Buffer, 200 µl each time for each well.
 - For each wash, strike plates on fresh towels hard enough to remove the residual solution in each well, but do not allow wells to completely dry at any time.
 - Clean the underside of all wells with a lint-free tissue.
- Add 100 µl of reconstituted Detection Antibody (green color) to each well (refer to Section A, Step 2). Seal with tape and incubate the plate at 37°C for 1 hr.
- Repeat wash procedure (Section C, Step 4).
- Add 100 µl of reconstituted HRP-Linked secondary antibody (red color) to each well (refer to Section A, Step 3). Seal with tape and incubate the plate for 30 min at 37°C.
- Repeat wash procedure (Section C, Step 4).
- Add 100 µl of TMB Substrate to each well. Seal with tape and incubate the plate for 10 min at 37°C or 30 min at 25°C.
- Add 100 µl of STOP Solution to each well. Shake gently for a few seconds.

NOTE: Initial color of positive reaction is blue, which changes to yellow upon addition of STOP Solution.

- Read results.
 - Visual Determination:** Read within 30 min after adding STOP Solution.
 - Spectrophotometric Determination:** Wipe underside of wells with a lint-free tissue. Read absorbance at 450 nm within 30 min after adding STOP Solution.

Background References:

- (1) Sonenberg, N. et al. (1978) *Proc. Natl. Acad. Sci. USA* 75, 4843-4847.
- (2) Gingras, A.C. et al. (1999) *Annu. Rev. Biochem.* 68, 913-963.
- (3) Waskiewicz, A. et al. (1999) *Mol. Cell. Biol.* 19, 1871-1880.
- (4) Pyronnet, S. et al. (1999) *EMBO J.* 18, 270-279.
- (5) Raught, B. et al. (2000) *EMBO J.* 19, 434-444.