

#7252C Store at 4°C

# PathScan® Phospho-Akt (Thr308) Sandwich ELISA kit

✓ 1 Kit  
(96 assays)



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**For Research Use Only. Not For Use In Diagnostic Procedures.**

### Species Cross-Reactivity: H, M

**Description:** CST's PathScan® Phospho-Akt (Thr308) Sandwich ELISA Kit is a solid phase sandwich enzyme-linked immunosorbent assay (ELISA) that detects phospho-Akt (Thr308) protein. An Akt Antibody has been coated onto the microwells. After incubation with cell lysates, both phospho- and nonphospho-Akt proteins are captured by the coated antibody. Following extensive washing, Phospho-Akt (Thr308) Mouse mAb is added to detect the captured phospho-Akt protein. Anti-mouse IgG, HRP-linked Antibody is then used to recognize the bound detection antibody. HRP substrate, TMB, is added to develop color. The magnitude of optical density for this developed color is proportional to the quantity of phospho-Akt (Thr308) protein.

**Specificity/Sensitivity:** CST's PathScan® Phospho-Akt (Thr308) Sandwich ELISA Kit #7252 detects endogenous levels of phospho-Akt (Thr308) protein. As shown in Figure 1, using Phospho-Akt (Thr308) ELISA Kit #7252, a significant induction of Phospho-Akt (Thr308) is detected in NIH/3T3 cells treated with PDGF. However, levels of total Akt (phospho and nonphospho) detected by PathScan® Total Akt Sandwich ELISA Kit #7170, remain unchanged (Figure 1). Phospho-Akt (Thr308) in Jurkat cells is also detected by this ELISA kit #7252.

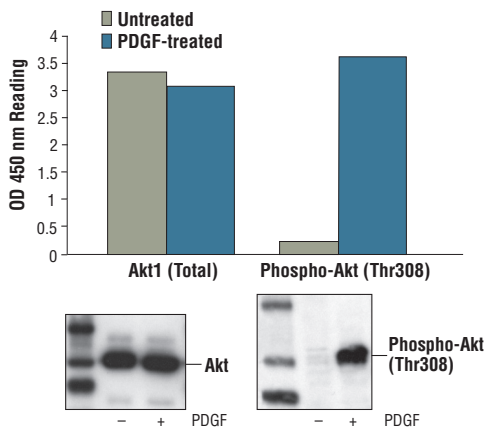
**Background:** Akt, also referred to as PKB or Rac, plays a critical role in controlling survival and apoptosis (1-3). This protein kinase is activated by insulin and various growth and survival factors and functions in a wortmannin-sensitive pathway involving PI3 kinase (2,3). Akt is activated by phospholipid binding and activation loop phosphorylation at Thr308 by PDK1 (4) and by phosphorylation within the carboxy terminus at Ser473. The previously elusive PDK2 responsible for phosphorylation of Akt at Ser473 has been identified as mammalian target of rapamycin (mTOR) in a rapamycin-insensitive complex with Rictor and Sin1, termed TORC2 (5,6). Akt promotes cell survival by inhibiting apoptosis through its ability to phosphorylate and inactivate several targets, including Bad (7), Forkhead transcription factors (8), c-Raf (9) and caspase-9. PTEN phosphatase is a major negative regulator of the PI3 kinase/Akt signaling pathway (10). LY294002 is a specific PI3 kinase inhibitor (11).

One of the essential functions of Akt is the regulation of glycogen synthesis through phosphorylation and inactivation of GSK-3 $\alpha$  and  $\beta$  (12,13). Akt may also play a role in insulin stimulation of glucose transport (12).

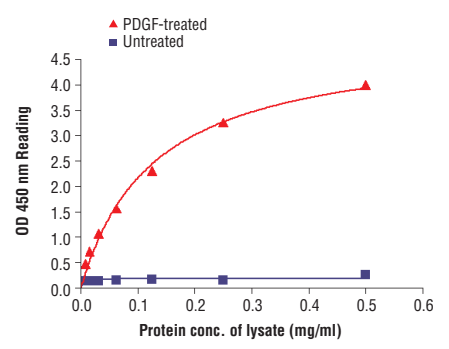
In addition to its role in survival and glycogen synthesis, Akt is involved in cell cycle regulation by preventing GSK-3 $\beta$  mediated phosphorylation and degradation of cyclin D1 (14) and by negatively regulating the cyclin dependent kinase inhibitors p27 Kip (15) and p21 Waf1 (16). Akt also plays a

Product Includes	Item #	Kit Quantity	Color	Storage Temp
Akt Rabbit mAb Coated Microwells*	86745	96 tests		4°C
Phospho-Akt (Thr308) Mouse Detection mAb	13122	1 each	Green (Lyophilized)	4°C
Anti-mouse IgG, HRP-linked Antibody (ELISA Formulated)	13304	1 each	Red (Lyophilized)	4°C
Detection Antibody Diluent	13339	11 ml	Green	4°C
HRP Diluent	13515	11 ml	Red	4°C
TMB Substrate	7004	11 ml		4°C
STOP Solution	7002	11 ml		4°C
Sealing Tape	54503	2 sheets		4°C
ELISA Wash Buffer (20X)	9801	25 ml		4°C
ELISA Sample Diluent	11083	25 ml	Blue	4°C
Cell Lysis Buffer (10X)	9803	15 ml		-20°C

\*12 8-well modules – Each module is designed to break apart for 8 tests.



**Figure 1:** Treatment of NIH/3T3 cells with PDGF stimulates phosphorylation of Akt at Thr308, detected by PathScan® Phospho-Akt (Thr308) Sandwich ELISA Kit #7252, but does not affect the level of total Akt1 detected by PathScan® Total Akt1 Sandwich ELISA Kit #7170. OD 450 nm readings are shown in the top figure, while the corresponding Western blots using Phospho-Akt (Thr308) Antibody #9275 (right panel) or Akt Antibody #9272 (left panel), are shown in the bottom figure.



**Figure 2:** The relationship between protein concentration of lysates from untreated and PDGF-treated NIH/3T3 cells and kit assay optical density readings is shown. After starvation, NIH/3T3 cells (85% confluence) were treated with PDGF (50 ng/ml) for 10 min at 37°C, and then lysed.

critical role in cell growth by directly phosphorylating mTOR in a rapamycin-sensitive complex containing raptor, termed TORC1 (17). More importantly, Akt phosphorylates and inactivates tuberlin (TSC2), an inhibitor of mTOR within the

TORC1 complex (18). Inhibition of mTOR stops the protein synthesis machinery due to inactivation of its effector, p70 S6 kinase and activation of the eukaryotic initiation factor, 4E binding protein 1 (4E-EP1), an inhibitor of translation (19,20).

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**Applications Key:** W—Western IP—Immunoprecipitation IHC—Immunohistochemistry ChIP—Chromatin Immunoprecipitation IF—Immunofluorescence F—Flow cytometry E-P—ELISA-Peptide  
**Species Cross-Reactivity Key:** H—human M—mouse R—rat Hm—hamster Mk—monkey Mi—mink C—chicken Dm—D. melanogaster X—Xenopus Z—zebrafish B—bovine  
 Dg—dog Pg—pig Sc—S. cerevisiae All—all species expected Species enclosed in parentheses are predicted to react based on 100% sequence homology.

## PathScan® Sandwich ELISA Protocol (for kits with Lyophilized Antibodies)

### A Solutions and Reagents

**NOTE:** Prepare solutions with purified water.

- Microwell strips:** Bring all to room temperature before use.
- Detection Antibody:** Supplied lyophilized as a green colored cake or powder. Add 1.0 ml of Detection Antibody Diluent (green solution) to yield a concentrated stock solution. Incubate at room temperature for 5 min with occasional gentle mixing to fully reconstitute. To make the final working solution, add the full 1.0 ml volume of reconstituted Detection Antibody to 10.0 ml of Detection Antibody Diluent in a clean tube and gently mix. Unused working solution may be stored for 4 weeks at 4°C.
- HRP-Linked Antibody\*:** Supplied lyophilized as a red colored cake or powder. Add 1.0 ml of HRP Diluent (red solution) to yield a concentrated stock solution. Incubate at room temperature for 5 min with occasional gentle mixing to fully reconstitute. To make the final working solution, add the full 1.0 ml volume of reconstituted HRP-Linked Antibody to 10.0 ml of HRP Diluent in a clean tube and gently mix. Unused working solution may be stored for 4 weeks at 4°C.
- Detection Antibody Diluent:** Green colored diluent for reconstitution and dilution of the detection antibody (11 ml provided).
- HRP Diluent:** Red colored diluent for reconstitution and dilution of the HRP-Linked Antibody (11 ml provided).
- Sample Diluent:** Blue colored diluent provided for dilution of cell lysates.
- 1X Wash Buffer:** Prepare by diluting 20X Wash Buffer (included in each PathScan® Sandwich ELISA Kit) in purified water.
- Cell Lysis Buffer:** 10X Cell Lysis Buffer #9803 or 1X Cell Lysis Buffer #7018: This buffer can be stored at 4°C for short-term use (1–2 weeks). Recommended: Add 1 mM phenylmethylsulfonyl fluoride (PMSF) immediately before use.
- TMB Substrate** (#7004).
- STOP Solution** (#7002).

\*Note: Some PathScan® ELISA Kits may include HRP-Linked Streptavidin in place of HRP-Linked Antibody.

### B Preparing Cell Lysates

**For adherent cells.**

- Aspirate media when the culture reaches 80–90% confluence. Treat cells by adding fresh media containing regulator for desired time.
- Remove media and rinse cells once with ice-cold 1X PBS.
- Remove PBS and add 0.5 ml ice-cold 1X Cell Lysis Buffer plus 1 mM PMSF to each plate (10 cm diameter) and incubate the plate on ice for 5 min.
- Scrape cells off the plate and transfer to an appropriate tube. Keep on ice.
- Sonicate lysates on ice.
- Microcentrifuge for 10 min (14,000 rpm) at 4°C and transfer the supernatant to a new tube. The supernatant is the cell lysate. Store at –80°C in single-use aliquots.

**For suspension cells**

- Remove media by low speed centrifugation (~1200 rpm) when the culture reaches 0.5–1.0 × 10<sup>6</sup> viable cells/ml. Treat cells by adding fresh media containing regulator for desired time.
- Collect cells by low speed centrifugation (~1200 rpm) and wash once with 5–10 ml ice-cold 1X PBS.
- Cells harvested from 50 ml of growth media can be lysed in 2.0 ml of 1X Cell Lysis Buffer plus 1 mM PMSF.
- Sonicate lysates on ice.
- Microcentrifuge for 10 min (14,000 rpm) at 4°C and transfer the supernatant to a new tube. The supernatant is the cell lysate. Store at –80°C in single-use aliquots.

### C Test Procedure

- After the microwell strips have reached room temperature, break off the required number of microwells. Place the microwells in the strip holder. Unused microwells must be resealed and stored at 4°C immediately.

- Cell lysates can be undiluted or diluted with Sample Diluent (supplied in each PathScan® Sandwich ELISA Kit, blue color). Individual datasheets for each kit provide a sensitivity curve that serves as a reference for selection of an appropriate starting lysate concentration. The sensitivity curve shows typical kit assay results across a range of lysate concentration points.
- Add 100 µl of each undiluted or diluted cell lysate to the appropriate well. Seal with tape and press firmly onto top of microwells. Incubate the plate for 2 hr at 37°C. Alternatively, the plate can be incubated overnight at 4°C.
- Gently remove the tape and wash wells:
  - Discard plate contents into a receptacle.
  - Wash 4 times with 1X Wash Buffer, 200 µl each time for each well.
  - For each wash, strike plates on fresh towels hard enough to remove the residual solution in each well, but do not allow wells to completely dry at any time.
  - Clean the underside of all wells with a lint-free tissue.
- Add 100 µl of reconstituted Detection Antibody (green color) to each well (refer to Section A, Step 2). Seal with tape and incubate the plate at 37°C for 1 hr.
- Repeat wash procedure (Section C, Step 4).
- Add 100 µl of reconstituted HRP-Linked secondary antibody (red color) to each well (refer to Section A, Step 3). Seal with tape and incubate the plate for 30 min at 37°C.
- Repeat wash procedure (Section C, Step 4).
- Add 100 µl of TMB Substrate to each well. Seal with tape and incubate the plate for 10 min at 37°C or 30 min at 25°C.
- Add 100 µl of STOP Solution to each well. Shake gently for a few seconds.

**NOTE:** Initial color of positive reaction is blue, which changes to yellow upon addition of STOP Solution.

- Read results.
  - Visual Determination:** Read within 30 min after adding STOP Solution.
  - Spectrophotometric Determination:** Wipe underside of wells with a lint-free tissue. Read absorbance at 450 nm within 30 min after adding STOP Solution.

#### Background References:

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